

# Involving children and young people

**Involving children and young people will help you:**



- find out about research questions that are important to them
- learn new ideas for your research that you might not have thought of
- understand how best to approach young people to take part in your research
- find new ways to talk and communicate with them
- develop your research questions so that they are relevant
- write your questionnaires, leaflet and reports so they are clear and easy to understand
- understand issues and learn new skills
- ensure the research remains focused on young people.

**Some of the things young people are**

**saying:**

**“Adults shouldn’t assume they know what young people want, we think differently”**

**“Some adults overlook how much vocabulary children understand, making leaflets too complicated or patronising”**

**“Adults often forget that children get bored and don’t want to read a seven page black and white leaflet”**

**“Young people’s experiences in research must be listened to in order for the research to improve”**

**Resources** – details of organisations and resources with further information on how children and young people are being involved in research.

Thank you to the young people who commented on this page.

**You can read our new report on Involving children and young people as advisors in research: top tips and essential key issues for researchers [here](#)**

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